

# STEPPING NOTES

MUSIC SCHOOL

*in conjunction with*

*Maureen Murphy*

*presents*

***“Teaching musicianship through singing, movement and dance”***  
A THREE-DAY COURSE FOR TEACHERS OF PRE-SCHOOL & INFANT CHILDREN

Sat. 24<sup>th</sup> July – Mon. 26<sup>th</sup> July, 2010

(Sat. 11-5, Sun. 2-6, Mon. 10-4)

The Jurgens Centre, Harvest Road, Englefield Green, Egham, Surrey TW20 0QR

course tutors:

Nikhil Dally *MACantab, CertAdvStudiesGSMD*

Maureen Murphy *ARAD, LISTD*



*"I have **no hesitation** in recommending [Nikhil's] workshops and training sessions to anyone that wants to learn how to teach music to young children."*

- Len Tyler, Principal, Len Tyler Music School, Hampshire

**Stepping Notes** is a holistic, integrated, multi-sensory approach to music education, based upon the philosophies of Kodály and Jaques-Dalcroze. The hallmarks of the Stepping Notes approach are:

- (1) **Movement** and **singing** as the prime conduits for musical learning.
- (2) Developing the **inner ear**.
- (3) **Feeling** and **understanding** the inner life of music.
- (4) Maintaining natural body **flexibility** and **sensitivity**.
- (5) The judicious and sensitive use of **high-quality musical instruments**.
- (6) The world of the **imagination**; this is where young children live.

*"an excellent trainer of adults"*

- Julie Church, Pre-School Music Association, Norfolk

**This course** is designed to help those who teach children aged 2 to 7 to develop their students' musicianship through the voice and the body. We will concentrate on the following areas:

- (1) using singing, movement and dance to help children to feel and understand:  
pulse and rhythm,  
metre and phrasing,  
melody and harmony;
- (2) teaching musical literacy using singing and movement;
- (3) choosing and using children's instruments in such a way as to preserve and enhance their co-ordination and sense of rhythm.

*Please come willing to remove your shoes and socks and work barefoot, on the floor, to sing, to play, to move and to dance (no previous dance experience required!)*

**Course fee: £150.00** if application received by 28<sup>th</sup> May, 2010;

**£ 165.00** if application received by 25<sup>th</sup> June, 2010;

**£ 180.00** thereafter;

**special discounted fee of £135.00** for attendees of previous *Stepping Notes* courses, if application received by 30<sup>th</sup> April, 2010.

**(N.B. £75.00 non-refundable deposit required upon booking)**

the course tutors:

Nikhil Dally received first-class honours in music from Cambridge University, and studied composition at the Guildhall School of Music. Nikhil founded the Stepping Notes Music School in 2000. He designed the Stepping Notes curriculum himself and teaches all classes, for children aged 2 to 8. The school now has about 100 students on its roll, and recently won the award for Best Local Activity 2008 with *What's On 4 Little Ones*. Nikhil is increasingly in demand to lead workshops for teachers on the Stepping Notes approach. Recent engagements include a training session for Staines pre-school teachers, a series of workshops at the Colourstrings International Summer School 2007, a workshop for the Dalcroze Society Professional Development Day 2009, a training session for teachers at the Len Tyler Music School, and an INSET course for Bracknell Forest primary school teachers.

Maureen Murphy is a holder of the Advanced Teachers Certificate of the Royal Academy of Dancing. She is also a Licentiate of the Imperial Society of Teachers of Dancing in ballet, and an Associate in the national dance branch. Maureen founded the Lester School of Dance in 1969 and has been its Principal ever since. She has taught dance at Broomfield House School since 1990. She has also taught at the London College of Dance and Drama, Kew Montessori School, and Ashton House School. She has studied Pilates body conditioning, Playford dance, Dalcroze eurhythmics, Alexander technique and Topf technique, and integrated these into her ballet teaching to produce a Holistic Approach to the teaching of ballet. Maureen developed a Body Awareness programme for children which has been demonstrated several times at the Royal Academy of Dance, and her Music and Movement programme for children was demonstrated at the Dalcroze summer school in 1993.

Nikhil and Maureen have worked together since 1991. He has been one of her main musical collaborators. She, in turn, has inspired him to develop his methods of teaching music through movement. This is their first course together.

*"Prepared meticulously and delivered with expertise and joy.  
All material was very relevant and sequenced imaginatively...  
Inspirational, exceedingly useful & most enjoyable."*

- Sue Hamilton, pre-school music teacher, Surrey

*For further information, please contact:*

**Nikhil Dally**

Winches Cottage, Church Road, Shepperton,

Middx. TW17 9JT

e-mail: [nikhil@dally.org.uk](mailto:nikhil@dally.org.uk)

tel. 01932 241196

**[www.dally.org.uk/steppingnotes](http://www.dally.org.uk/steppingnotes)**

Application Form

(Please print, fill in completely and post to  
**Nikhil Dally, Winches Cottage, Church Road, Shepperton, Middx. TW17 9JT**)

Dear Nikhil,

I would like to apply for a place on your three-day course "Teaching musicianship through singing, movement and dance" on 24<sup>th</sup> – 26<sup>th</sup> July, 2010.

I enclose a cheque for £75.00 made payable to Nikhil Dally. **I understand and accept that this deposit is non-refundable.** I understand that the remainder of the fee will be payable at the beginning of the course.

Please send me full details.

Signature:

Print name:

Home address:

Postcode:

Daytime phone:

Evening phone:

Personal e-mail address:

Brief summary of experience as a teacher or music teacher: